

## OPTIONS TRENT ACRES SCHOOL

### PERSONAL SOCIAL HEALTH AND ECONOMIC EDUCATION (PSHE) POLICY

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#### 1.0 BACKGROUND

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This Policy is written in accordance with Part 1, Paragraph 2 (2) (vi) and Part 2, paragraph 5 of The Education (Independent School Standards Compliance Record) (England) (Amendment) Regulations (2015).

This policy takes account of and encourages respect for The Equality Act 2010 and the protected characteristics (section 4) of age, disability, gender reassignment, race, religion or belief, sex, sexual orientation, marriage and civil partnership and pregnancy and maternity. As a school we have a responsibility to:

- Eliminate all forms of discrimination, harassment and victimisation
- Promote equality of access and opportunity within our school and within our wider community
- Promote positive attitudes to difference and good relationships between people with different backgrounds, genders, cultures, faiths, abilities and ethnic origins

**Implementation:** It is the responsibility of the Head Teacher to ensure that staff members are aware of and understand this policy and any subsequent revisions.

#### Statutory Requirements

In Key Stage 1 and 2 we teach Relationships education, and in Key Stage 3, 4 and 5, we teach Relationships and Sex education, with both Key Stages being taught Health Education., thus following the statutory guidance as set out by the Department of Education and the Independent School Standards.

#### 2.0 INTRODUCTION

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Options Trent Acres School Options is an independent day school providing specialist education for children and young people aged 8 - 18 with a range of Complex Needs, including autism, Asperger's Syndrome, dyspraxia and ADHD, as well as impaired social or cognitive functioning due to early life trauma and attachment difficulties. Pupils who attend Trent Acres School have usually experienced disruption to their education, and some have attended multiple placements before joining the school. For this and other reasons, pupils experience difficulties in social interaction and struggle to forge and maintain appropriate relationships.

#### 3.0 AIMS

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The aim of personal, social, health and economic (PSHE) education in our school is to give pupils the opportunity to build the knowledge, skills and understanding they need to stay healthy and safe, develop worthwhile relationships, respect and celebrate differences, and improve independence and responsibility.

This is achieved by adopting a whole school approach and ensuring that all staff fully understand our pupils individual needs and their challenges in order to support them and provide them with the essential the skills and resilience they will need to succeed in later life

The PSHE curriculum is therefore proactive in equipping pupils with the necessary skills and experiences as well as reactive to pupils' individual needs and circumstances which may evolve over time. This enables the school to carry out targeted work to support pupils if required.

#### 4.0 TRENT ACRES SCHOOL CORE VALUES

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##### Our Core Values

Our Core Values at Options Trent Acres School are underpinned by the Fundamental British Values of Democracy, Rule of Law, Individual Liberty, Mutual Respect and Tolerance. These core values are threaded through everything that we do, they are considered when planning activities and form a key part of our school and wider community.

- Everyone should be listened to (Democracy)
- Keep everyone safe by following the rules and making the right choices (Rule of Law)
- Be proud of who you are (Individual Liberty)
- Value each other and your surroundings (Mutual Respect)
- Be patient, kind and understanding to everyone (Tolerance)

#### 5.0 CONTENT AND DELIVERY

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##### 5.1 What we teach:

The scheme of work is split into 3 core themes, which are the same for each Key Stage. These are:

- Health and Wellbeing – which incorporates Healthy Lifestyles, Keeping Safe and Growing and Changing
- Relationships – which incorporates Healthy Relationships, Feelings and Emotions and Valuing Differences
- Living In The Wider World – which incorporates Rights and Responsibilities, Taking Care of the Environment and Money Matters

While PSHE is split into 3 separate core themes, there will also be extensive overlap as PSHE at Options Trent Acres School addresses both pupils' direct experience and preparation for their future. The PSHE curriculum is a spiral programme of knowledge, skills and attribute development where prior learning is revisited, reinforced and extended in age and key stage appropriate contexts.

##### 5.2 How we teach it

PSHE is taught to all pupils during 1 lesson per week. The PSHE and RSE is also incorporated into other parts of our school curriculum, including in Careers, Living Independently, Workshops, Assemblies, Collapsed days, and Tutor sessions.

PSHE is taught by subject specialists who deliver key areas of the curriculum, ensuring pupils benefit from extensive subject knowledge and experience. All lessons are planned in a way that encourages full and active participation by all pupils, irrespective of academic ability, gender, differences in culture or background. Assessment, Recording and Reporting Assessment in PSHE education is recognised as being different than in many other subjects. Emphasis is placed on self-assessment, review of group work, class discussion and written work which can rarely be marked in a conventional context. Marking, where necessary, is with the pupil present so that their thoughts can be explained and explored with sensitive interchange as necessary to foster positive relationships. Various methods will be used to record pupils' work in PSHE education e.g. written, oral, photographic, and artistic.

##### 5.3 Accreditation and Qualifications

PSHE is accredited for our pupils through a number of qualifications. These include:

- ASDAN Stepping Stones Book 1
- ASDAN Stepping Stones Book 2
- ASDAN PSHE Short Course
- ASDAN AoPE Level 1
- ASDAN CoPE Level 1
- BTEC Level 1 Award in Personal and Social Development

- BTEC Level 1 Certificate in Personal and Social Development

#### 5.4 SMSC

Social, moral, spiritual, cultural (SMSC) education is integral to our PSHE education programme. It pervades the whole of our teaching and learning; the ethos and life of our school. Within SMSC, our aims are to help pupils to:

- develop self-esteem and confidence;
- enable pupils to understand what is right and wrong in their school life and life outside school;
- accept responsibility for their behaviour, show initiative and contribute to the school, as well as local and wider communities;
- take part in a range of activities requiring social skills, develop leadership skills, take on and discharge efficiently; roles and responsibilities, offer help and learn to be reliable;
- acquire knowledge; reflect on beliefs, values and more profound aspects of human experience, use their imagination and creativity, and develop curiosity in their learning;
- understand and appreciate the range of different cultures in British society and develop the skills and attitudes to enable them to take a full and active part in it;
- develop respect towards diversity in relation to, for example: gender, race, religion and belief, culture, sexual orientation, and disability;
- acquire a broad general knowledge of public institutions and services in England.

#### 6.0 ADDITIONAL SUPPORT

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Trent Acres School recognises that the needs of pupils change over time. Pupils will experience different challenges and difficulties as they transition through their school life.

The PSHE Lead takes into account areas of need, identified within EHC plans. The Lead also operates a referral system for teachers to request additional support for pupils who may be experiencing difficulties with relationships, social issues or personal challenges. This referral system enables the PSHE Lead to offer direct targeted support. This support is recorded and monitored and followed up if required.

#### 7.0 POLICY REVIEW

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This policy will be reviewed annually or if legislation changes occur